

The Plough

WANGFORD

STARTERS

	Kcal	Price
Sharing platter with salt and pepper squid, whitebait and panko prawns with a medley of dips	752	£13.00
(V) Sharing platter of hummus, marinated olives, freshly baked bread and balsamic dipping oil	684	£11.00
(V) Freshly baked bread basket with salted butter	1276	£6.50
(V) Homemade soup of the day with freshly baked bread	453	£7.00
Chicken liver pate with toast and Suffolk chutney	809	£7.50
Classic prawn cocktail with granary bread and fresh lemon	446	£8.50
Sticky chicken wings in a BBQ glaze with salad	177	£7.50
(V) Bowl of marinated olives	144	£4.00

MAINS

Wholetail scampi with chips and peas	1069	£14.50
Adnams Ghost Ship battered 'Catch of the day' with chips, peas and tartar sauce	477	£15.00
8oz beef burger in a toasted brioche bun topped with cheddar cheese and smoked bacon, served with chips, salad garnish and burger relish	747	£14.50
(V) Grilled halloumi burger in a toasted brioche bun served with chips, salad garnish and burger relish	788	£14.50
Gammon steak, one Low Farm fried egg and a pineapple slice with chips and peas	989	£14.50
Pan-fried breaded chicken with garlic butter, new potatoes and salad	928	£14.50
(VG) Roasted vegetable and chickpea cassoulet with crusty bread	1101	£13.00
(V) Tomato, basil and mozzarella tagliatelle with garlic bread	607	£13.00
Pan-fried sea bass with creamy chive mash and fresh spring vegetables in a prawn and white wine sauce	418	£16.00
Chicken tikka massala with rice, naan bread and mango chutney	1123	£14.50
Minted lamb hotpot topped with crispy potatoes with fresh spring vegetables	641	£15.50

BAGUETTES

(V) Cheese and Suffolk chutney	853	£8.00
Smoked Suffolk ham and English mustard	820	£8.00
Fish finger and tartar sauce	1385	£9.00

OUR MENUS ARE LOCALLY SOURCED, RESPONSIBLY PRODUCED AND SUSTAINABLY DELIVERED

Adults require around 2000 Kcal a day.
For dietary requirements, please speak to a member of our team.
(PB) = Plant Based (VG) = Vegan (V) = Vegetarian (GF) = Gluten Free



ADNAM'S
SOUTHWOLD

The Plough

WANGFORD

PLOUGHMENS

With a crusty baguette, piccalilli, Suffolk chutney, pickled onions, fresh apple and a dressed salad

	Smoked Suffolk ham and Cheddar	967	£13.50
(V)	Triple Cheese – Cheddar, Brie and Stilton	1689	£13.50

SMALLER APPETITES

	Wholetail scampi served with chips and peas	543	£8.00
	Adnams Ghost Ship battered 'Catch of the Day' with chips, peas and tartar sauc	238	£8.50
	4oz beef burger served in a toasted brioche bun, chips and salad	722	£8.00
(V)	Grilled halloumi burger in a toasted brioche bun, chips and salad garnish	393	£8.00
(V)	Tomato, basil and Mozzarella tagliatelle with garlic bread	303	£8.00
	Chicken goujons with chips and peas	281	£8.00

SIDES

	Bowl of fresh Spring vegetables	37	£3.50
	Seasonal side salad	95	£3.50
	Chips (add cheese 50p/ 349 Kcal)	214	£3.50
	Garlic bread (add cheese 50p/ 405 Kcal)	270	£3.50

DESSERTS

(V)	Sticky toffee pudding in a butterscotch sauce with vanilla ice cream	793	£7.50
(VG)	Bramley apple and blackberry tart with vanilla ice cream	744	£7.50
(V)	Tangy lemon pie with raspberry sorbet	444	£7.50
(V)	Black forest sundae – layers of cherry ice cream, morello cherries and choc sauce	509	£7.50
(V)	Plough cheeseboard – Norfolk Dapple, Binham Blue and Baron Bigod, Adnams Broadside chutney, celery and biscuits	1120	£9.50
	Selection of Suffolk Meadow ice creams, by the scoop	190	£2.50
	Selection of Suffolk Meadow sorbets, by the scoop	50	£2.50

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