



## Allergens menu

If you have a food allergy or intolerance, please inform a member of the team before placing your order.

Please be aware that all our dishes are prepared in a mixed kitchen where nuts and gluten are present, as well as other allergens, therefore we cannot guarantee that any food item is completely 'free from' traces of allergens.

C-CELERY G-GLUTEN CR-CRUSTACEAN E-EGGS F-FISH L-LUPIN M-MILK MO-MOLLUSCS

MU-MUSTARD N-NUTS P-PEANUTS SE-SESAME S-SOYA SU-SULPHITES

### Starters

- |  |              |
|--|--------------|
| (v) Sharing platter of hummus, marinated olives, roasted tomatoes, freshly baked bread, olive oil and balsamic | C, G, MU, SE |
| Smoked chicken salad, charred sweet corn salsa, pickled red cabbage and house dressing                         | SU           |
| Taramasalata with olives, roasted artichokes and freshly baked ciabatta  | G, F, MU     |
| (v) Roasted beetroot and goats' cheese salad, watercress, dressed baby leaves, candied walnuts                 | M, N         |
| Smooth chicken liver pate, Adnams Broadside chutney, melba toast and pickles                                   | G, E, MU     |
| Smoked mackerel rillettes, horseradish cream and pickled cucumber, freshly baked bread                         | G, F, M      |

### Main courses

- |   |                 |
|---|-----------------|
| Smoked chicken salad, charred sweet corn salsa, pickled red cabbage, house dressing   | SU              |
| (v) Grilled artichoke panzanella salad, roasted red onion, heritage tomatoes, olives and sourdough croutons                             | G               |
| (v) Roasted Moroccan-spiced aubergine with lentil tagine, yoghurt and toasted flatbread   | G, M, MU        |
| Pan-roasted sea bass fillet with warm potato salad and griddled Suffolk asparagus   | F               |
| Cromer crab, chilli and lime linguine, roasted garlic crouton crumb, rocket leaves  | G, CR, E        |
| Crispy buttermilk chicken burger with smoked chipotle ketchup, dill pickle slaw, lettuce, tomato, toasted brioche bun and chips         | G, E, M, MU, SE |
| Char-grilled 8oz Sirloin steak, roasted field mushroom and tomato, chips, watercress and roasted garlic aioli or green peppercorn sauce | G, E, M, MU     |
| Adnams Ghost Ship battered 'Catch of the Day' with chips, peas and tartare sauce  | G, E, F, MU     |



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## Children's menu

Adnams Ghost Ship battered 'Catch of the Day' with chips, peas and tartare sauce	G, E, F, MU
Breaded wholetail Scampi, chips, peas and tartare sauce	G, CR, E, MU
Ham, egg and chips	E
Mac 'n' cheese, garlic bread	G, E, M
Hummus with bread, carrot and pepper sticks	C, G, MU, SE
Crispy buttermilk chicken burger in a toasted Brioche bun, lettuce and tomato and chips	G, E, M, MU, SE

Should you require assistance with dietary requirements or allergy information, please speak to a member of our team. We're happy to help.